

Auto Log Example

| Date | From | To | Number of Miles |
|---------|----------------|----------------|-----------------|
| 1/3/06 | Orange | Torrance | 38 |
| 1/3/06 | Torrance | Orange | 38 |
| 1/4/06 | Orange | San Diego | 94 |
| 1/4/06 | San Diego | Orange | 94 |
| 1/5/06 | Orange | Burbank | 52 |
| 1/5/06 | Burbank | Orange | 52 |
| 1/10/06 | Orange | Irvine | 12 |
| 1/10/06 | Irvine | Orange | 12 |
| 1/11/06 | Orange | Long Beach | 28 |
| 1/11/06 | Long Beach | Orange | 28 |
| 1/12/06 | Orange | Woodland Hills | 62 |
| 1/12/06 | Woodland Hills | Orange | 62 |
| 1/17/06 | Orange | Los Angeles | 38 |
| 1/17/06 | Los Angeles | Orange | 38 |
| 1/18/06 | Orange | Garden Grove | 14 |
| 1/18/06 | Garden Grove | Orange | 14 |
| 1/19/06 | Orange | Anaheim | 11 |
| 1/19/06 | Anaheim | Orange | 11 |
| 1/24/06 | Orange | Irvine | 12 |
| 1/24/06 | Irvine | Orange | 12 |
| 1/25/06 | Orange | Tustin | 5 |
| 1/25/06 | Tustin | Orange | 5 |
| 1/26/06 | Orange | Torrance | 38 |
| 1/26/06 | Torrance | Orange | 38 |
| 1/31/06 | Orange | Newport Beach | 16 |
| 1/31/06 | Newport Beach | Orange | 16 |
| 2/1/06 | Orange | Riverside | 34 |
| 2/1/06 | Riverside | Orange | 34 |
| 2/2/06 | Orange | San Diego | 98 |
| 2/2/06 | San Diego | Orange | 98 |
| 2/7/06 | Orange | Woodland Hills | 62 |
| 2/7/06 | Woodland Hills | Orange | 62 |
| 2/8/06 | Orange | Los Angeles | 38 |
| 2/8/06 | Los Angeles | Orange | 38 |
| 2/9/06 | Orange | Long Beach | 32 |
| 2/9/06 | Long Beach | Orange | 32 |
| 2/13/06 | Orange | Torrance | 38 |
| 2/13/06 | Torrance | Orange | 38 |
| 2/14/06 | Orange | Anaheim | 11 |
| 2/14/06 | Anaheim | Orange | 11 |
| 2/15/06 | Orange | Burbank | 48 |
| 2/15/06 | Burbank | Orange | 48 |
| 2/21/06 | Orange | Lake Forrest | 17 |
| 2/21/06 | Lake Forest | Orange | 17 |
| 2/22/06 | Orange | San Diego | 96 |
| 2/22/06 | San Diego | Orange | 96 |
| 2/23/06 | Orange | Anaheim | 8 |
| 2/23/06 | Anaheim | Orange | 8 |
| 2/28/06 | Orange | Tustin | 5 |
| 2/28/06 | Tustin | Orange | 5 |

AUTO LOG EXAMPLE

2006 work miles

| LOCATIONS | DATES | | MILES | Description |
|--|-----------------|--------------------------------|-------|---|
| KP Sunset - UCLA | Jan - Mid Feb | 49 mi/day x 5 days/wk x 6 wks | 1470 | inter hospital travel |
| KP Sunset hospital-office-conference | Mid Feb - June | 35 mi/day x 5 days/wk x 20 wks | 500 | interoffice travel - clinic to hospital |
| KP Sunset - Whittier | 2/1/06 | 25 mi | 25 | work to job interview |
| KP Sunset - Temecula | March x 3 trips | 90 mi x 3 | 270 | work to job interview |
| KP Sunset - Long Beach | 3/1/06 | 42 mi | 42 | work to job interview |
| KP Sunset - Los Angeles | March | 10 mi | 10 | work to job interview |
| KP San Deigo hospital-office | 3/23/06 | 32 mi | 32 | job interview 2 locations |
| KP San Deigo - KP LA | 3/23/06 | 124 mi | 124 | work to job interview |
| KP Sunset - Hemet | 4/1/06 | 92 mi | 92 | work to job interview |
| FV Hospital - KP Sunset | April | 42 mi | 42 | job interview to work |
| Nephrology Symposium | | 150 mi | 150 | continuing education |
| KP LA - Long Beach | May | 40 mi | 40 | work to job interview |
| KP LA - KP Yorba Linda | 5/30/06 | 43mi | 43 | work to job interview |
| KP LA - KP Riverside | 6/2/06 | 62 mi | 62 | work to job interview |
| KP Riverside hospital - dialysis unit | 6/2/06 | 5 mi | 5 | job interview 2 locations |
| KP LA - KP Anaheim | 7/8/06 | 37 mi | 37 | work to job interview |
| KP Anaheim - KP Yorba Linda | 7/8/06 | 6 mi | 6 | job interview 2 locations |
| KP Sunset to dinner conferences | Jan - June | 10 mi x 7 | 70 | continuing education |
| Computer training | July | 30 mi x 3 days | 90 | computer training |
| Physician meetings | Aug - Dec | 15 mi/wk x 22 | 330 | physician meeting |
| Offsite meetings | Aug - Dec | 18 mi/meeting x 5 | 90 | physician meeting |
| Monthly evening dept meetings | Aug - Dec | 13 mi/meeting x 5 | 65 | department meeting |
| Nephrology Conference | 10/6/08 | 25 mi | 25 | continuing education |
| KP Yorba Linda - KP Anaheim - dialysis | 8/1/06-12/31/06 | | 3800 | hospital to office to dialysis unit |
| KP Yorba Linda - Anaheim | 12/6/08 | 19 | 19 | annual internal medicine dinner |
| | | | 7439 | Total miles |
| KP = Kaiser Permanente | | | | |
| LA = Los Angeles | | | | |
| FV = Fountain Valley | | | | |